

The Matthew (2017 Oct)

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Recipe of the Month

FIERY ASIAN CHICKEN & VEGETABLES

I know as much about Asian cooking as the NRA knows about compassion and common sense. Nothing whatsoever. So I did some culinary research instead of studying for classes, then made this rocking dish with Asian flavors all by myself. I don't care if this isn't authentic, it's damn good. Prove you can take the heat by serving up this Fiery Asian Chicken.

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Tell Me About It

DEAR MS. CABOT,

I have a serious issue: I don't know how to manage my money at school! I don't have a job while I'm here, so my parents give me an allowance each month. But every time my parents load my credit card, I need money for groceries after just one week, and I feel super bad about asking them to refill my card right away. I know I must sound entitled for and selfish, but I...

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Submissions

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theMatthew
 JOHN CABOT UNIVERSITY • STUDENT NEWSPAPER

Witnessing History: JCU Goes to Barcelona

The story of a PL class that traveled to Catalonia during the weekend of the Referendum.



Photo Credits: New York Times

by **KATIE KEHOE**

On Friday, September 29, three degree-seekers, three study abroads, and a professor walked into a rally in Barcelona. Avinguda (Avenue) de la Reina Maria Cristina was filled with what was said to be 80,000 people. Speakers representing the campaign for Catalan Independence took turns addressing the sea of flags, supporters, and families. They all spoke in Catalan, with their faces projected on massive screens in Catalan subtitles, so that the message was loud and clear to all: The ref-

erendum is their democratic right.

Even though our class had discussed the matter beforehand, attending this rally was unbelievable. After leaving the rally, us students discussed our empathy for the Sí vote. We talked about the history of the city as distinctly separate from that of Spain, represented by the gold and red Catalan flag, which was displayed all over the city. We all agreed it was an inspiring rally but were still unsure of what the result would be on Sunday. Earlier, that Friday, we started off the...

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Political Penance

by **JONAH MAYER**

The Trump administration has been one with many casualties. From the FBI director, to the National Security Advisor, and the White House Press Secretary, there has been extensive turnover.

Some of this is a result of ideological differences between the staff of the previous and current administrations, such as that of Sally Yates, the Attorney General from the Obama administration. Other casualties, however, have been White House officials who entered the administration knowing full well its style, goals, and personnel. This would be the likes of Steve Bannon, Reince Priebus, Anthony Scaramucci, and Sean Spicer.

While Bannon and Priebus have been publically consistent in their support for Donald Trump, the latter two, specifically Spicer, have attempted to remake their public image post-White House. Although the knowledge that Spicer and Scaramucci are, at their core, still freedom-loving, fallible, and sometimes humble is reassuring, the United States cannot concern itself with the business of unconditional clemency. As one journalist ironically queried, "will America accept refugees from Trump's White House?"

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Letter from the Editor

Dear JCU Community,

Recent news has left us feeling as vulnerable as helpless spectators.

Catalonia's violent referendum, Las Vegas' mass shooting, Trump telling Puerto Ricans to be "proud" of the low death toll caused by the Hurricane... Unfortunately, this is all real.

Spain is in a crisis. Shortly after midnight on Oct. 1st, the Catalan government announced that 90 percent of almost 2.3 million voters had voted in favor of independence from Spain. Catalonia's referendum caused hundreds of casualties, according to Catalan authorities, and at least 11 wounded officers, according to the central government. Some of our JCU students witnessed the violence of that Sunday.

President Trump is, in a way, isolating himself. An extensive turnover that is taking place at the White House and at the base of it are ideological differences. Jonah Mayer calls this "Political Penance" in a biting article on the Trump administration, expressing his opinion on Trump's staff and their level of dignity.

This month, we also explore the so-called "Dubai Dream," with a piece written by Polina Kuznetsova, and enter one of Trastevere's most well-known cheese and deli store: The Antica Caciara.

Lastly, Ms. Cabot helps a student with a typical student problem: how to manage money when you can't work part-time.

The Matthew wants to hear your voice. Submit your comments, articles, poetry, and photos to newspaper@johncabot.edu.

Sincerely,
 Cristina Di Leva
 Editor-in-Chief

World

by **POLINA KUZNETSOVA**

"Why do you think people move here?" I asked Daria. We were sitting in a Lebanese café called Leila having a quick lunch. Daria, a 23-year-old Russian girl, who works for Expo in Dubai, only had a thirty minute lunch break. From our table, we could admire the Burj...

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Local

by **ALICE BIDETTI**

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Campus Culture

by **BEN NORTH**

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WITNESSING HISTORY: The Night of the Catalanian Referendum

Six JCU students, accompanied by Prof. Federigo Argentieri, followed the Referendum for Independence in Barcelona, witnessing the violence and the victory of the Sí.

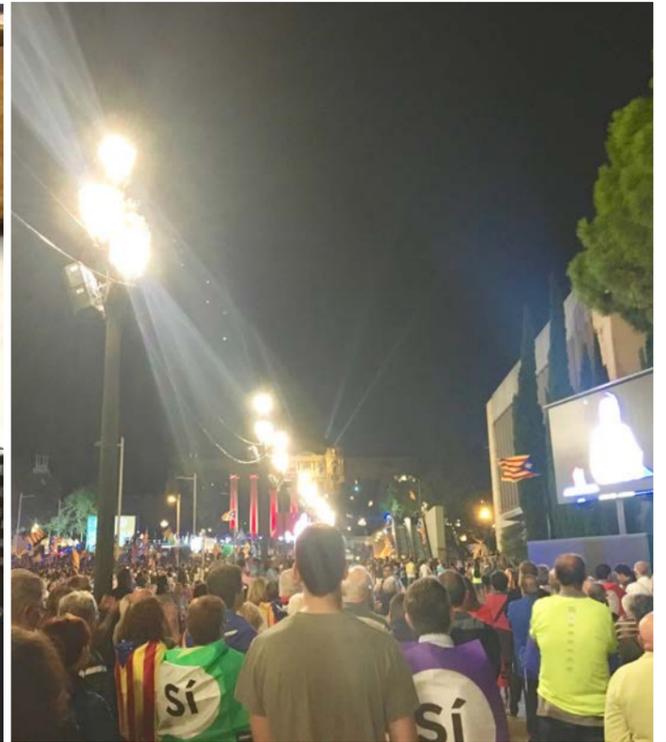


Photo Credits: Katie Kehoe

by **KATIE KEHOE**

On Friday, September 29, three degree-seekers, three study abroads, and a professor walked into a rally in Barcelona. Avinguda (Avenue) de la Reina Maria Cristina was filled with what was said to be 80,000 people. Speakers representing the campaign for Catalan Independence took turns addressing the sea of flags, supporters, and families. They all spoke in Catalan, with their faces projected on massive screens in Catalan subtitles, so that the message was loud and clear to all: The referendum is their democratic right.

Even though our class had discussed the matter beforehand, attending this rally was unbelievable. After leaving the rally, us students discussed our empathy for the Sí vote. We talked about the history of the city as distinctly separate from that of Spain, represented by the gold and red Catalan flag, which was displayed all over the city. We all agreed it was an inspiring rally but were still unsure of what the result would be on Sunday.

Earlier that Friday, we started off the trip with

a lunch meeting. Professor Federigo Argentieri arranged a meeting with Carme Colomina, a journalist and researcher at the Barcelona Center for International Affairs Think Tank (CIDOB) in Barcelona; and with Josep Soler, former EU Commissioner who worked in EU expansion during the dissolution of Yugoslavia. Despite both being Catalan, they saw the referendum very differently from those we would observe at the rally that night. Soler expressed his grievances regarding the unrest but made the point that Catalonia is not ready to separate from Spain. He explained how it was “a fight between two nationalisms,” the Spanish and the Catalan, and that ignoring the constitution is not an effective way to seek independence. Soler told us he would not be voting. Alternatively, Colomina said that she would be voting, but was not planning on voting in favor of independence. Instead, she planned to vote No in favor of democracy.

One of the biggest issues regarding this referendum is the lack of democracy. Many of the people we interviewed were going to vote in the referendum, despite the fact that the Spanish government had declared the act

illegal, in order to exercise their democratic rights. Colomina explained to us how the Spanish overreaction to the illegal referendum had pushed many people who would have otherwise not voted, to go to the polls and vote *No*.

The anti-Spanish sentiment in Barcelona was stronger than usual this weekend.

We spoke to Catalans and immigrants from all over the world who had come to Barcelona for work. While the vote for independence was fervently debated, the disdain for Spain's reaction to block the vote was fairly consistent amongst both sides.

Among those voting, opinions on independence were varied. According to the people we interviewed, the Sí vote captured the hearts of both committed separatists and those that were radicalized by the Spanish reaction to the vote. For the anti-separatists, some went to vote No in favor of remaining a part of Spain; some voted No to exercise their democratic rights but most stayed home. Many of the people in the city that we interviewed were resolved to stay home because: 1) the referendum was illegal, 2) they knew that Spanish Na-

tional police were planning on closing the polls by whatever means necessary, or 3) because they did not want independence from Spain.

As much as we read and talked about the referendum before departing for Barcelona, nothing could have prepared us for the powerful and emotional responses we received when asking people how they felt about the vote.

It is obvious that there is an immense national pride amongst the Catalan people, but independence is only supported by a small and radical faction. Despite the fact that 90% of the vote was in favor of independence, only a third of the population participated in the referendum (2.2 out of 7.5 million Catalans). This exemplifies how the separatists are not the biggest political faction, but they are definitely the loudest.

The opportunity to witness history unfold was eye-opening, and the open-mindedness that we brought with us was beneficial as our own opinions on the conflict evolved throughout the weekend. Special thanks to Professor Argentieri and the Guarini Institute for this opportunity.

Photo Credits: neweurope.eu



EDITORIAL: Political Penance

by JONAH MAYER

Image features five Presidential advisors. Today, only Vice President Mike Pence remains.

Photo Credits: Quartz Media LLC

The Trump administration has been one with many casualties. From the FBI director, to the National Security Advisor, and the White House Press Secretary, there has been extensive turnover.

Some of this is a result of ideological differences between the staff of the previous and current administrations, such as that of Sally Yates, the Attorney General from the Obama administration. Other casualties, however, have been White House officials who entered the administration knowing full well its style, goals, and personnel. This would be the likes of Steve Bannon, Reince Priebus, Anthony Scaramucci, and Sean Spicer.

While Bannon and Priebus have been publically consistent in their support for Donald Trump, the latter two, specifically Spicer, have attempted to remake their public image post-White House. Although the knowledge that Spicer and Scaramucci are, at their core, still freedom-loving, fallible, and sometimes humble is reassuring, the United States cannot concern itself with the business of unconditional clemency. As one journalist ironically queried, “will America accept refugees from Trump’s White House?”

Spicer may have run into the arms of Jimmy Kimmel to explain to him that the “job [of the] press secretary is to represent the president’s voice...Whether or not you agree [...] it isn’t your job.” In fairness, he’s partly right: representing the President to the media was part of his responsibility. But what is his responsibility to the American people? Many may have been swayed by his self-deprecating appearance at the Emmys, claiming that “this will be the largest audience to witness an Emmys, period, both in person and around the world,” a clear reference to his inaugural address claims.

The rest of us must ask if a few sly lines are enough to forgive Spicer and other ex-Trump members for knowingly lying to the country, perpetuating the myth of “fake news”, and shamelessly defending Trump from every accusation. Should Kelly-



anne Conway be able to speak about alternative facts and then claim that it is part of her job description? Can Ann Coulter help put Trump in the White House and then join the calls for his impeachment? What are the conditions for amnesty?

International law makes it clear that “following orders” does not justify war crimes and the core of that idea rings true for most. At the same time, this is politics and we cannot crucify anyone for political allegiance. Trump’s chief of staff, General Kelly, will likely complete his “tour of duty” unscathed by his conduct. He has a reputation as a principled individual with clear boundaries. This is all that we can expect from anyone, and it will suffice. Given this, we can and should

demand this level of dignity from all members of Trump’s staff; we cannot allow those who knowingly betrayed the American people, overstepping their mandate for presidential representation, to slip back into the public’s good graces.

As the Trump White House continues to hemorrhage its staff, it is imperative that the world does not award them with unconditional amnesty. There must be a cost for selling out your country for political capital.

EXPLORING THE DUBAI DREAM

by POLINA KUZNETSOVA

“Why do you think people move here?” I asked Daria. We were sitting in a Lebanese café called Leila having a quick lunch. Daria, a 23-year-old Russian girl, who works for Expo in Dubai, only had a thirty minute lunch break. From our table, we could admire the Burj Khalifa—the tallest building in the world. Its sharp silhouette became almost indistinguishable from the sky, dimmed by the infernal heat. “Can’t you see it?” Daria smiled.

Foreigners typically picture Dubai as a dream destination. Tourists who look for high-quality service, richly decorated hotel rooms, luxurious shopping and expensive entertainment, can find their Arabian paradise if they go there. “Everything you want for your money,” became an unofficial motto of this emirate. It is hard to realize that there is another reality, which coexists with touristic pleasures. A lot of people actually go to Dubai, not to spend money, but to earn it. Young expats, who move to this city for jobs and salaries they cannot

find in Europe, call it the “Dubai dream”. It is a short-term dream that has a fast pace and allows for no intentions of staying forever. “It is not the place where you plan to raise your grandchildren and where you would want to die,” said Daria.

Daria Shulepova, John Cabot University alumna with a Bachelor’s degree in International Business, is one of these promising youths, who is working hard to achieve this dream. Now in her early twenties, Daria already has a respectable job, drives her own car and rents an apartment in one of the most prestigious areas in the city—Dubai Marina. A lot of people could be jealous of her. But what price did she have to pay for to achieve her dream? In order to work and live in this country, expats have to respect its traditions. Although Dubai is one of the most western-oriented of the emirates and gladly embraces expats from all over the world, its laws and lifestyle still strongly revolve around Islam-

ic values. To fit into the cultural norms of the community, Daria has follow a certain dress code in business meetings and must be aware of an acceptable body language while communicating with her male colleagues.

Despite etiquette and attire being not very problematic for the foreigners, Ramadan, the holy month for the Islamic community, is one of the most challenging times for Western expats. For Daria it was too: “Once I had to eat my lunch in a parking lot, covering the car windows with blinds,” she laughed. During Ramadan, it is forbidden to eat or drink in public places from dawn until the sunset.

In spite of dramatic differences with Western lifestyle, Daria calls Middle Eastern culture beautiful and fully accepts it—if you choose this path to success, you should be able to integrate. “Being independent from my parents and being able to afford to live like a thirty-year-old in my twenties is totally worth it,” Daria smiles.

As we talked, time went slowly and lazily, until a sudden buzz interrupted our conversation. Justin Timberlake’s latest hit stopped playing and a long, deep voice started singing in Arabic, informing everyone it was time for an afternoon prayer. Posh clothing stores and glamorous cafes became visibly emptier, as only the tourists were left in their shopping routines.

The next morning, on one of Daria’s only days off, we went on a horse-riding trip in the desert with her friends. As we were riding our horses in the middle of the desert, surrounded by occasional yellow bushes and stones, a gazelle with her young crossed our path, timidly guiding her little ones beside her. It appeared to be an interesting metaphor for the intriguing Dubai Dream, which is not about staying here to create a family. The ambitious youths of today will eventually leave this place to new, success-hungry youngsters who will continue the cycle.

Photo Credits: bigbustours.com



THE ANTICA CACIARA: A Store Frozen in Time

Located in Via San Francesco a Ripa, this family-owned cheese shop has maintained its place of honour for three generations, becoming a legend in the Trastevere neighborhood.

Photo Credits: Zero.eu



by ALICE BIDEZZI

“Do you smell that? That’s what yummy cheese smells like” Pointing out the caciotte hanging from the door to his son, a man invites him to take a sniff. The little boy peeks in the small store, closes his eyes and inhales, then runs back to his father giggling. This is a common scene to see in Via S. Francesco a Ripa, where the Antica Caciara cheese and deli store has been thriving for more than a century.

The smell is the first hint that you’re getting closer to the store. It invades the entire street, luring in tourists and Italians both suddenly starving for some cheese. If the delicious smell isn’t enough to attract customers, a sign on the door inviting to come in and try the authentic Roman pecorino finishes the job.

As soon as you step foot inside, all your senses are awakened: the smell of cheese, but also that of salame, speck and finocchiona. The colorfully displayed products in every corner. The lively chatting of the owner Roberto entertaining customers with his stories. It is a true carnival of colors, sounds and smells. But after registering all of this, you

notice that something is strange. Something is not like any other 21st century store. The delicacies are wrapped in white or brown paper. The prices are handwritten. The owners are always smiling, and take time to explain you exactly where each product comes from, slipping you something to taste every 2 minutes. No, you haven’t travelled back to the 1960s, you’ve simply entered a time warp where Roman tradition is still alive.

Roberto Polica and his wife Anna, current storeowners, have made an art of their job, betting on tradition to survive in the ever-changing Trastevere. Rather than forsaking its roots, this family-owned store has taken the risky bet of rejecting changes and modernity. Although they share the street with two Pakistani groceries, three supermarkets and countless panini places, the Antica Caciara has managed to maintain its place of honour for three generations.

“I decided to bet everything on tradition” says Roberto, “if I conformed to big distributions the store would die.” A risky bet: whenever a new supermarket opened, the Antica Caciara went through a momentary dry-spell. “We suffered some difficult moments” reminisces Roberto, who has been running the

store for 54 years. But eventually customers’ loyalty proved that Roberto had guessed right, and the store regained strength every time. “If you offer them quality and kindness, customers are bound to come back.”

One shouldn’t be tricked by its size. Every day, the Antica Caciara serves more than 700 customers, each leaving this cheese paradise having tasted and purchased some typical Roman goodies. In the heart of Trastevere’s frenzy, this little store maintains a spotless reputation. “It’s a weekly appointment” says Priscilla Motta, adjusting in a plastic bag the form of pecorino she just bought.

Like Priscilla, many Romans schedule weekly visits to Roberto’s store. It shouldn’t surprise to hear that some regular customers are famous figures of Italian politics, cinema or music industry. Alessandro Gassman, Antonello Venditti, Massimo D’Alema are just a few of the bell-ringing names that get in The Antica Caciara to make provisions of pecorino. The word on the street is that overwhelmingly awarded actor Toni Servillo sneaks in before the store opening, after a night out, to chat with Roberto.

But fame does not mean much to Roberto, who treats each customer as if they were unique. “They make you feel like you’re their only and most important customer,” explains Shelley Redford, an American naturalized Trasteverina.

This store’s spell is equally strong on adults and on children. From 2007, Roberto and Anna decided to schedule monthly lessons/laboratories for elementary and middle schools, to show kids how traditional cheese is

made. Tokens of appreciation for these lessons decorate the right wall of the store, among which a kid’s drawing of a sheep stands out. The sheep is flashing a big smile, with a balloon over its head reading “Thank you Roberto for all that cheese.” Sure, the sheep is drawn in blue chalk, but its message is authentic.

The store opened in 1900, as attested by a faded sepia picture in which Roberto’s grandfather confidently poses in front of the store. On its right, another picture, this time framing Roberto’s father.

Next to it, Roberto himself smiles for the camera; the disappearance of the outdated moustache is the only visible difference between the three. The store itself becomes a living and breathing “Spot the Difference,” where only a trained eye is able to distinguish the inevitable traces of modernity. Vacuum sealed packages are among the intruders.

But the photo sequence might end with Roberto. The Antica Caciara has been a family-run business since its opening, but things are about to change. Although he does not like to talk about it, Roberto is the last of the Policas to run the store.

His two sons, becoming one an advertiser and the other a functionary in Bruxelles, will not have their picture on the wall.

The Antica Caciara has resisted change for more than a century, but it looks like Roberto will have to make an exception to ensure a future to the store.



Photo Credits: Zero.eu

Campus Culture

Theatre Society Presents: BABY WITH THE BATHWATER

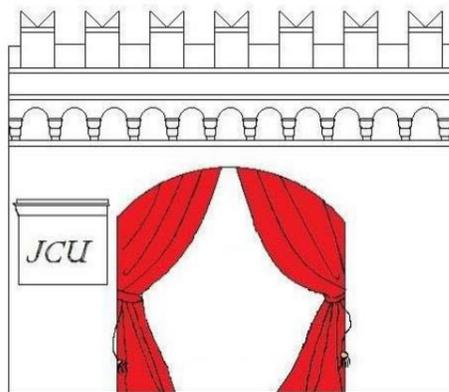
by MAGGIE VLAJ

This November, JCU's Theatre Society will perform one of Christopher Durang's plays, *Baby with the Bathwater*. The dark comedy features a family: a mother, a father, and their child, Daisy. Although Daisy is born a male, the parents choose to raise Daisy as female. Following the various significant moments of Daisy's life, the play portrays his anger, confusion and depression as he tries to make sense of his life.

Sierra Wharton, the director of the production, hopes the choice of the play will help continue the campus discussion on gender: "I thought it was a good choice at this time, while transgender rights have been a reoccurring topic recently. Daisy's childhood reflects that of many transgender youths who do not identify with the gender they were assigned to at birth," said Wharton.

The characters of the play feature quirky characteristics in some way or another. Natalia Stanusch, a new student to JCU, plays the role of Daisy's mother, Helen: "Playing Helen is a fascinating experience because she is almost my complete opposite. Though I've played some interesting characters before, it is always a challenge," said Stanusch. Lorenzo Aielli plays the character of John, Helen's husband and an "anxious man, [possibly] with drug-related problems," said Aielli.

This diversity in characters works perfectly with the overall eccentric theme of the production. "It's an absolutely gorgeous comedy, and who doesn't like laughing? Except for the scenes filled with black humor and insaneness, [the audience] will be more than surprised," said Stanusch. She continues: "Although [the production] premiered in the early 80's, the plot is still very relevant. Raising a child, surviving in a marriage, lacking money and professional fulfillment-- aren't these real struggles in our times?" said Stanusch.



THEATRE SOCIETY

The play's cast and contributors are extremely excited for the production. "I'm most excited for the first night... in the limelight and making [the audience] laugh. For me, it has always been the most wonderful part of acting-- making [the audience] feel something," added Stanusch.

Durang, the playwright, won a Tony Award in 2013 for his play *Vanya and Sonia and Masha and Spike*, and is best known for the underlying messages in his productions:

"Durang forces people to deal with the uglier parts of society in a way that is uncomfortable, thoughtful, and comedic. Usually people put up defenses when cultural norms are questioned, or 'hard' topics, like mental illness, are brought up. [He] has managed to talk about these subjects while also encouraging engagement among the audience," said Wharton.

The production will take place November 8th and November 9th.

The Theatre Society is currently searching for a makeup artist for the production. If interested in applying, please contact the Theatre Society at theatersociety@johncabot.edu.



by ALESSANDRA LONGO

RAVENNA

The Art Enthusiast's Dream

by ART HISTORY CLUB

Photo Credit: inchiostro.unipv.it



Most of Italy's visitors travel to Rome, Florence, and Venice. However, Ravenna, a small city located in Emilia-Romagna, is a dream for art and history enthusiasts alike.

Today, the small city of Ravenna has eight UNESCO world heritage sites, and boasts beautifully preserved art and monuments.

The city was once the capital of the Roman Empire, which means that it was previously the most important seat of power in the western world. Furthermore, the historical internationality of Ravenna is felt through its visual culture, where unique treasures are buried behind every corner.

Peculiar are the lavish mosaics, composed of deep shades of blues, greens, and golds, which inhabit significant spaces all across the city. Amid this preservation of the old, there are also hints of a blossoming contemporary

culture throughout Ravenna as well.

For example, Invader, a Parisian street artist, spread his own mosaics around the city in 2015 on buildings and street signs. These mosaics have a distinctly blocky, and futuristic appearance, however, they draw clear parallels to Ravenna's history. This mix of undeniably stimulating history with notes of modernity makes for an environment that you must experience for yourself.

Among the many activities and on-site visits, the Art History Club is thrilled to announce a trip to the beautiful city of Ravenna this November. Not only is it a chance to visit the city with a huge discount, it is also a chance to dive deep into the visual culture, guided by one of our own art history professors.

To find out more about this unique and invaluable experience, speak with one of our representatives on campus or contact us at arthistoryclub@johncabot.edu.

JCU's New MA: ART HISTORY

This semester, JCU welcomed the first MA in Art History class. According to the JCU website, "The program has a dual focus: the visual cultures of Rome and the Mediterranean across time, from antiquity to the present; and the acquisition of technical skills for primary research. It also stimulates critical perspectives on the impact of Roman art worldwide."

If interested in learning more about JCU's Master of Arts Degree in Art History, there will be two info sessions on October 10th at 12:45 pm and 6:30 pm. To attend, please RSVP by contacting graduateadmissions@johncabot.edu. For more information on the Master of Arts Degree, go to johncabot.edu/master-art-history.

Introducing John Cabot University's STUDENT POLICY ADVISORS

by **BEN NORTH**

If you've ever been confused about the policies here at JCU, or if you've ever felt like you haven't known how to advocate for yourself, this is the organization you want to hear about.

John Cabot University Student Policy Advisors (JCUSPA) is a new student organization that freely offers its services here at JCU, advising students on their rights according to the Student Code. At JCUSPA, we also discuss any ways in which policies could be changed to better serve both the students and the administration. JCUSPA members have been specifically trained in policy and procedures to help students navigate through the disciplinary and academic rules at JCU. JCUSPA is here to ensure that none of our fellow students feel helpless or unaware of their rights.

Another goal of ours is to become

one of the few universities that dismantle the fallacy of "administration vs. students". Everyone is, of course, fallible, but the truth is that our administration has little incentive to be unjust or unfair, and every incentive to be fair and just. If you're not convinced, take this for example: if John Cabot wanted to arbitrarily discipline students, surely it would not institute this group to help students advocate for themselves. We are one, united community, and if we can rid ourselves of the idea that the administration is inherently against the interests of the students, then our combined efforts can bring this school to new heights.

So, here's how this is going to work: If you are a student who is charged with a disciplinary or academic violation, a student who wants advice on how to present the best argument in those proceedings, or a student who otherwise feels his/her rights

have been violated, email JCUSPA@johncabot.edu. We will then set up a time to meet one-on-one with you, and see how we can help you advocate for yourself in the best way possible. We'll also sign a binding agreement with you that holds us to confidentiality, for your sake.

Remember though, that ultimately the advocacy will have to come from you. For liability reasons, we cannot write your emails or statements, but we can help you write the most effective ones.

Every student is entitled to justice. No student should feel helpless or thrown into a process he or she does not understand. Come and talk to us, and help us help the John Cabot Community. We can't wait to get started.



Photo Credit: Victoria Garza

Joel Reviews: **NETFLIX** Special

by **JOEL HASHOP**

I didn't feel like hate-reviewing *The Emoji Movie*, pretending *It* is anything other than another failure by Hollywood to produce an original idea, or tolerating another film starring the most overrated actress in the business, Jennifer Lawrence in *Mother!*. Like, please give me a call when she says a line with emotion or without a serious face. So, I decided to talk about Netflix. I went through every category in Netflix to look at every show, film, and special available. In this article, I'll talk about two films on Netflix which I highly recommend and that you may not have heard of. There will be a whole list of my recommendations on Netflix that will be published on The Matthew website - jcuthematthew.wordpress.com.

SLOW WEST (2015) is a modern Western film about a Scottish teenager (Kodi Smit-McPhee) traversing the wilderness of the 1800's American West with the aid of a rough bounty hunter (Michael Fassbender). This ain't nothing like John Wayne flicks. At its heart, *Slow West* is a comedy, but in such a way that it proves tragedy is the ultimate form of comedy. It doesn't have laugh-out-loud jokes, but if you look at the situations these characters put themselves in and the subtleties of their actions, you appreciate this nuanced form of comedy. That being said, the drama is still palpable. I waited five hours in line to see this at an international film festival, and I'd do it all over again. It's that dang good.



Photo Credits: everyeye.it

TURBO KID (2015) is outrageous. Absolutely outrageous. The film takes place in 1997, years after the apocalypse (acid rain has made the world nearly uninhabitable). Imagine *Mad Max* on bicycles, with a comic book-obsessed teen orphan, a curious pink-haired girl named Apple, and an arm-wrestling cowboy as protagonists. It's nostalgic, it's over the top, and it's very, very bloody. It's unlike anything you've ever seen. *Turbo Kid* is an indie flick so I know only about five other people who have seen it, but every one of us is now a die-hard fanatic for the movie. Cult hit. As for the genre, it's somewhere along the lines of action-comedy-horror-adventure. It won the Audience Award at South by Southwest, so it's got some cred. *Turbo Kid* is a vibrant, colorful pastiche for retro. Watch it at midnight with your friends.



Photo Credits: blumhouse.com

Final Notes: There's not one, not four, but EIGHT movies/series about the Power Rangers on Netflix. Check out *An Idiot Abroad* as an irreverent, hysterical travel program. In my opinion, *Bo Burnham: Make Happy* is one of the most important things you can watch.

Pay attention.

Recipe of the Month

Fiery Asian Chicken and Vegetables



Photo Credits: Flanny Elwamp

keep the carrots separate because they shouldn't cook as long as the broccoli and peppers.

Hopefully it's been around 15-20 minutes now that the chicken has been marinating. If it's been shorter than that, slow down mate. This ain't a race. Relax. Just be sure the chicken marinates for at least that long.

Heat up a large sauté pan (or a wok if you're fancy like me) over 70% heat. Drizzle in a little olive oil. When it's nice and fragrant, use a slotted spoon or spatula to transfer the chicken from the marinade to the pan. Right now you just want the chicken, not the liquid. Cook the chicken through to a nice golden brown. Stir around pretty often so that all sides get a sear. To see if it's done, take piece out and cut through the thickest part. If it's pink on the inside, it's not done yet. The outside of the chicken should be browning and have a nice sticky glaze to it. When you're sure it's done, empty the pan into an empty large bowl. Yes, another one. DJ Khaled. There should still be some drippings in the pan-- that's good.

Reduce the heat to medium, let another little drizzle of oil heat up, then add in the broccoli and peppers. If they start to sear too quickly, pour in a little bit of the reserved marinade to ensure they don't burn before cooking through. After a couple of minutes, add in the carrots. Mix around. Ideally the veg should get to be cooked through, but still maintain a nice crunch to it. If you like really saucy dishes, add the reserved marinade to the dish while the veggies cook, but know that it may cause that crunch to disappear.

When the veggies are done, add the chicken back into the pan and mix around. Pour in however much of the remaining marinade (that was used on the chicken) that you want. It's up to you. Let that cook down and thicken. Boom. You're done. Serve with white rice.

If you want this dish, but not so spicy, don't use the piccante peppers, only use half of the garlic, add in some zest from the orange, and call yourself a wuss

by SNORPSNORP T. ZINKYBUNS

I know as much about Asian cooking as the NRA knows about compassion and common sense. Nothing whatsoever. So I did some culinary research instead of studying for classes, then made this rocking dish with Asian flavors all by myself. I don't care if this isn't authentic, it's damn good. Prove you can take the heat by serving up this Fiery Asian Chicken.

Ingredients:

¼ cup Soy sauce
1 tsp Sesame oil
4 tbsp Honey
2 cloves Garlic
Fresh Ginger
Orange (1)
Piccante red peppers (3)
Carrots (3)
Fresh broccoli (1 head)
Red bell pepper (1)
Chicken breasts (2)
Olive oil
White rice

Directions:

Let's be honest. We all get tired of pizza and pasta, and The Red Door restaurant is pretty sucky. Yeah, I said it. I made this dish for when I need to get my Asian food fix. It's pretty much the combination of teriyaki, honey, orange, and hunan sauces: sounds like chaos, tastes like heaven.

First thing to do is make the marinade. Combine ¼ cup of soy sauce, 1 tsp of sesame oil, and the juice of one orange in a large bowl. Stir in 4 tbsp of honey, making sure it doesn't stick to the bottom or the sides. Mince 2 cloves of garlic then add to the bowl. For the ginger, cut a thumb-size portion off the root and then peel it with a spoon. This is how the pros, like me, do it. Grate and mince that (should be around 1 tsp) and add it to the marinade. Thinly slice 3 piccante red peppers (the little ones) into little rings and add them to the marinade as well. Give it a good stir.

Cut two chicken breasts into small cubes, about an inch in each dimension. Reserve a ¼ cup of the marinade in another

bowl. Add the raw chicken to the large marinade bowl and mix it around in there. Cover the top with plastic wrap and set it aside while you chop the veggies.

Peel 3 medium-to-large carrots and thinly slice them into rounds. I use a lot of carrots because they're my favorite. You can substitute or add any veg you want to this. Put the carrots in a bowl. Take the head of fresh broccoli and cut off the giant stem. With a small knife, go in and cut off the florets of the broccoli, leaving as much of the stem as you prefer. I like about an inch or so of the stem. Set the chopped broccoli aside in a separate bowl. Cut the ends off of a red pepper, hollow it out, cut out the bitter thick white lines, then cut it into short matchsticks. Any other chef would tell you that this is called "julienne", but when I was six years old a girl named Julienne broke my heart so screw that. Yeah, Julienne, I'm talking to you now. I write for The Matthew now. THIS IS WHAT YOU'RE MISSING, JULIENNE. TAKE A LOOK. So yeah, the peppers. Place the matchsticks into the bowl with the broccoli. I



Campus Culture

Tell Me About It

DEAR MS. CABOT,

I have a serious issue: I don't know how to manage my money at school! I don't have a job while I'm here, so my parents give me an allowance each month. But every time my parents load my credit card, I need money for groceries after just one week, and I feel super bad about asking them to refill my card right away. I know I must sound entitled and selfish, but I seriously can't work because of my course load! I was wondering if you had any tips on how to better manage my finances at university. Maybe not just for me, but for others as well!

Sincerely,
Mr. No-Monopoly

DEAR MR. NO-MONOPOLY,

I'm going to be straight with you. You have a little situation happening, and your parents are probably going to lose patience soon. I know, I know: it's college, you're supposed to be having the best time of your life! But you're also supposed

to be learning how to be an "adult", and unfortunately there isn't a class in college called "How to be an Adult" (which I think should be a requirement). So here's what I suggest. First off, figure out WHERE you spend your money, because it's obviously not all on food. Booze, clothes, music, movies, candy, shoes (those are my weakness!), or technology? Narrow it down by writing them down on a piece of paper. Then, decide what you NEED and what you WANT. Pick one thing you WANT, and you can probably cut everything else out! Then, I want you to make four boxes and separate your allowance into those spaces: FOOD, SCHOOL, WANT and EMERGENCY. Now WANT should be 10-20% of your allowance. FOOD should definitely be 45%. SCHOOL can be books, supplies, class fees, trips, and anything else that is SCHOOL related, and that should be about 20%. EMERGENCY fund is only for desperate times (and I mean DESPERATE times). That should be 10-15%. Now, if you're a study abroad student, you should definitely create a TRAVEL section and take money from the SCHOOL and FOOD boxes. I say that you can take from your SCHOOL box, because let's be honest, TRAVEL is totally educational and well worth it!

This is basically a rough outline just to get you started. I know

it's easy to spend a lot here in Rome: good food, great shopping, nights out with friends... but really focus on budgeting and you'll save yourself a whole mess in the future! Trust me, manage your money NOW and you'll thank me for it when you're out there in the world and you REALLY have to budget, BIG TIME!

For more budgeting ideas and plans check out these websites and apps:

- EveryDollar** (App - FREE)
- Mint** (App - FREE)
- Visual Budget - Finances** (App - FREE)
- GoodBudget Budget** (App - FREE)
- Spending Tracker** (App - FREE)
- Money Matters** (website)
- Dave Ramsey Financial Peace** (website)

Sincerely,
Ms. Cabot



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