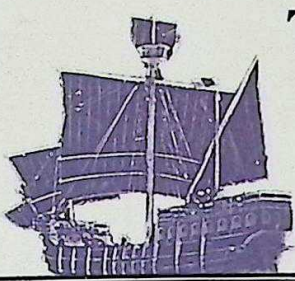


## The Matthew (2010 Oct 25)

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# THE MATTHEW

*John Cabot's vessel: informing, exploring, excelling.*

VOLUME V, ISSUE II

OCTOBER 25, 2010

## Obama and His Midterm Review



By Rehanna Minooei  
Staff Writer

On Wednesday, September 29<sup>th</sup>, the Guarini Institute presented a Q & A session on the U.S. congressional midterm elections in the Aula Magna. The panel, headed by Professor Gray, was made up of Tricia Thomas of Associated Press Television, Guido Lenzi, a former Italian Ambassador, Enrico Molinari from a Mediterranean Perspectives Organization and Kass Thomas of Democrats Abroad Italy. John Cabot's President, Franco Pavoncello, opened the discussion, followed by Frank Guarini. Professor Gray then directed questions to the four panelists,

asking whether or not the Tea Party was just a passing phenomenon, if the Republicans have a viable alternative, what impact the midterm vote will have on the 2012 Presidential election, what the impact of the midterm elections would be on the next Presidential election and, finally who the next governor of New York will be.

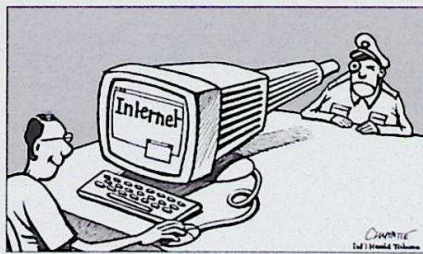
Patricia Thomas talked about her experiences "doorstepping" for the Associated Press (catching people as they walk out of buildings to interview them) and dirty politics in the midterm elections. She then touched upon the Tea Party movement and expressed her opinion that the phenomenon was bringing energy to the Republicans, applauding Sarah Palin for bringing

women to the forefront of politics. Guido Lenzi concentrated on how the midterm elections, and the possible Republican takeover of congress, could affect European politics. Enrico Molinari spoke of state identity and its history. Kass Thomas spoke about the emotion in American politics and the importance of American citizens contributing to the elections by voting from abroad. The discussion then ranged further afield, from the problems created by a lightning fast media to the problems of the Italian parliament. But much of the talk revolved around Obama's foreign policy and what some of the participants see as America's wavering role as an international leader.

INSIDE



Discover Cinque Terre on page. 4



China's laws on censorship on page. 5



Flip to page 7 to  
meet Alba, JCU's  
Yoga Instructor



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## Italy Reads Expands Across Rome

By Andrew Nelson  
Staff Writer

This year John Cabot University is sponsoring Italy Reads, a program that encourages a broader community of Rome to read and discuss one book. After last year's success with The Big Read Rome which focused on Harper Lee's novel "To Kill a Mocking Bird," the book chosen for this year's program is Thornton Wilder's play "Our Town."

Italy Reads took off on September 30, with an enlightening keynote address by Buck Herron, the head of the Drama Department at the American School of London. On that occasion, the Aula Magna was packed with Italian high school students and teachers along with JCU students and staff. Mr. Herron highlighted the themes and dramatic structure of "Our Town", including the unusual use of time, the use of the character of the stage manager as a guide for the audience, and the barren set, which allows the audience to place the play in their own hometowns. Herron argued that "Our Town" is a masterpiece of drama because it encourages

so much audience participation.

Italy Reads connects John Cabot University to the larger Roman community in many ways, including film screenings of PBS' 2003 production of "Our Town", play performances by the Rome English Theater, and workshops for students and teachers.

Italy Reads is also sponsoring a Student Drama Contest with an award of €500 for the winning class. Italian High School students, both international and local, can submit a video of themselves enacting a scene from the play in order to be eligible for the prize.

Italy Reads also connects JCU students with the larger Roman community through Student Exchanges. The Student Exchanges will be going another part of Italy Reads. Students from John Cabot are going to visit Italian high schools and speak with them about Wilder's play.

## Q &amp; A WITH PROFESSOR PAMELA HARRIS



*A: "When I'm lucky, I find it in the lotus position. During my spare time, I do Yoga. I also try to unplug during the weekends."*

**Q:** If you could teach any class here at John Cabot what would it be and why?

*A: I would like to create a class on religious liberty with a comparative perspective for Political Science, Philosophy and Religious majors"*

**Q:** If you could give the student body any advice that they should remember for the rest of their academic careers, what would it be?

*A: "Always try to see the other side."*

*The Matthew/ Michelle Monteclaro*

**Q:** What improvements would you like to see at John Cabot University?

*A: "I hope that our administration and faculty can continue to grow as our student body does."*

**Q:** Where do you find the balance between teaching classes, being a Dean of Academics, a student advisor, and Department Chair not mention your personal life?



Model United  
Nations Autumn

Bake Sale

October 27th  
and 28th

Guarini Campus  
Entrance

DON'T MISS OUT  
ON  
AMAZING  
TREATS TO FIT  
ANY BUDGET!



S.T.A.N.D MEMBERS PARTICIPATE IN THE 2010 RUN FOR FOOD

# Clubs

*Congratulations to Student Government on their  
successful  
Pizza and Gelato Social!*

*Be sure to check out their upcoming Halloween  
Event next Thursday, October 28th.*



**Happy Belated Birthday President  
Pavoncello!**

On Thursday, October 7th, the JCU faculty along with assistance from JCU students had a surprise "Happy Birthday" event for President Pavoncello. It was celebrated with cakes, cokes, and other finger food.

MULTICULTURAL CLUB AND BUSINESS  
CLUB PRESENTS :

*An Indian  
Dinner!*

TUESDAY OCTOBER 26TH



8:00 PM TIBER CAFETERIA

GRILL  
THE PROFESSOR!

**Professor Eszter Kollar  
October 27, 2010**

"Locating (In)Justice  
in International  
Health-worker  
Migration"

## STUDENT SERVICES

*"La Bella e la Bestia"* (The Beauty and the Beast) on  
November 23rd.

Transportation is provided to go to the theater.  
Cost will be 50 euros.

For more information contact [studentservcies@john-cabot.edu](mailto:studentservcies@john-cabot.edu) or stop by the Student Services Office by  
Thursday October 21st to pay for the ticket and have a  
spot assigned.

The musical will be in italian



# Cinque Terre: Enjoy The Beauty of the Italian Riviera

By Tara Braum  
Staff Writer

Cinque Terre is located on the Italian Riviera, a four-hour train ride from Rome. Dubbed the "Five Lands" for its five attractive towns, this beautiful area boasts beaches, sunshine, challenging hiking trails and, in the kitchen, luscious pesto and crispy focaccia. This was the one location in Italy that I knew I had to visit during my semester abroad, so I booked a trip for the last weekend in September.

At 7am Friday morning, two friends and I met up and took the train to La Spezia, then caught a local train to Monterosso, the furthest of the five towns and the location of our hotel. Upon our arrival in Monterosso, the first thing we noticed were the austere coastline, the pebbly beaches and the dozen-or-so little focacciarias that beckoned us with pizza and cappuccino.

After stowing our backpacks in the Hotel Souvenir, we set out for our first hike to Vernazza. There are four

hiking trails between the towns. The one between Monterosso and Vernazza is the most difficult, so we decided to tackle it first. We bought a 5-euro day pass, then started trekking along the coast of the Ligurian Sea. The trail was surprisingly difficult with a lot of steep steps. After almost two hours of huffing and puffing, we descended down more steps into the colorful town of Vernazza.

The next day, we hiked the trail between Vernazza to Corniglia, which was also difficult, but offered a beautiful view of the rocky coastline. The last trail, between Manarola and Riomaggiore, is the Via dell'Amore. This charming paved path is covered with graffiti, depicting the artist's everlasting love for his or her "amore." The current trend is for couples to place a padlock along the trail as a symbol of their love. This, like the recent invasion of padlocks all across Rome's Ponte Milvio, was inspired by the Italian movie, "Ho Voglia di Te".

After long days of hiking, we

were naturally quite hungry and happy to discover that the food in Cinque Terre is fantastic. For dinner the first night, we went to a restaurant right next to our hotel called L'Alta Marea. Since the Ligurian region is the birthplace of pesto, all three of us ordered a pasta dish smothered in the delicious green sauce. The second night we went to Manarola, my favorite among the five towns because of the beautiful vineyards that cover the hillside that towers over the colorful buildings. Dinner that night at the Trattoria Il Porticciolo consisted of clam spaghetti for me and pesto lasagna for my two friends. Then we had chocolate mousse and tiramisu for dessert. Cinque Terre has something for everyone. The hiking is fun and challenging, the beaches are serene, and the food is phenomenal. If you have not been there yet, be sure to find a weekend to soak up the peace and beauty of the Italian Riviera.

## Modern Art in an Ancient City

By Sally Tucker  
Staff Writer

In a city with as many historic treasures as Rome, the focus often tends to be on its ancient treasures. However, as a major city with an abundance of residents who appreciate art in general, there are plenty of priceless modern art pieces that shouldn't be overlooked. An excellent place to see some of these more contemporary works is at the Galleria nazionale d'arte moderna e contemporanea.

The Galleria, located in the Villa Borghese park on Viale delle Belle Arti, features works by a multitude of international and Italian artists from the 19<sup>th</sup> and 20<sup>th</sup> centuries. Internationally famous artists whose works can be found there include Vincent Van Gogh, Claude Monet, and Andy Warhol, to name just a few. Still, even the less famous works, in a variety of styles ranging from impressionism to realism, are worth a visit.

Two current special exhibitions are now showing at the museum. One, Cut Artist: a history spanning a century, features the works of Lucio Fontana, an Italian painter and sculptor and founder of the spatial movement. The other exhibition, Through the collections II, part sculpture-sculpture framework puts on display a part of the museum's collection that is rarely available to the public to demonstrate the sculpture framework trends of the forties.

A visit to Galleria Nazionale d'arte Moderna e Contemporanea is a great way to spend an afternoon if you are looking to appreciate a variety of artworks without dropping a lot of money. Entrance to the museum normally costs 10 euros including access to the exhibitions, but for students it costs only 8.



## Submit A Piece To The Matthew

*email [news@johncabot.edu](mailto:news@johncabot.edu)*

*The Matthew would like to thank the Board of Trustees and John Cabot University for their generous gift. It makes a world of difference to our club and for future students to come.*

*Sincerely,  
The Matthew Editorial  
Board*



# Willkommen to Vienna

By Danielle Rover  
Staff Writer

Although Vienna is quite bit colder than Rome, not to worry, as there is no shortage of pastry shops to keep warm in. Caffe's and shops line the Ringstrasse, the circular road surrounding the Innere Stadt district of the city where many of the main sights can be found. Vienna, located at the crossroads of the East and West, is one of Europe's most striking capitals.

The Habsburgs ruled Austria-Hungary for eight centuries and their rich architectural influence remains throughout the city. Vienna is known for its extravagant baroque and rococo buildings and palaces. Its vast and beautifully-landscaped gardens provide a tranquil escape from the bustling city.

A few of the main sights include: The Stephansdom Cathedral, The Hofburg Palace and the Belvedere. The Stephansdom is one of the largest medieval cathedrals in Europe and boasts spectacular views from its rooftop. The unique interior is a mix of both gothic and baroque architecture. The Hofburg Palace was once home to the Hapsburg royal family. Inside you will find the baroque and rococo-style Imperial Apartments, the Imperial Silver Collection and the Sissi Museum. Close by you will also find the Imperial Library that, dating back to the 1800s, holds some of Austria's earliest literature. Both the upper and lower Belvedere Palaces were commissioned by Prince Eugene of Savoy as his summer residences. Today



the palaces house an art gallery, an orangery and the stables. They are surrounded by gravel-stoned paths and an impressive French-style garden. Recommended Hostel: Meininger Average Prices: Museum/Palace entrance fee: 8 euro. Eating out: 15 euro, A beer: 2.50 euro.

# C€Nor\$h!P, a Harsh Reality

By Corey Rutkowski  
PR Officer

Imagine not being able to access Facebook, YouTube, CNN, or any other website offering the sharing of information without boundaries, and then find them replaced by government-operated websites that are constantly screened for "unsuitable" material. Being American, I have always taken advantage of freedom of speech. It wasn't until recently that I realized a majority of the world lives without this right.

On Friday October 8<sup>th</sup>, the Nobel Peace Prize was awarded to Liu Xiaobo, a Chinese dissident currently in jail for the publication of Charter 08, an appeal for democracy and human rights in the Peoples Republic of China. As soon as the news was announced, the Chinese government tightened its censorship on the Internet, blocking access to key websites that would mention Liu Xiaobo's name. Along with many Chinese, I also felt pride in the winning of the prize by a Chinese national, a man who for so long has been fighting for rights that are not only supposedly guaranteed by the Chinese Constitution, but are in accordance with the international agreements that the government has signed.

Not thinking, I posted a message on RenRen, the Chinese government-controlled version of Facebook, saying "Xiaobo Liu, Nobel Peace Prize Winner!" Any knowledge of Liu Xiaobo winning was controlled by the Chinese government, so that by the Monday after I posted it onto my site there had already been 60 comments asking if it was true. The response of the website administrator was quick to follow: they sent me an e-mail message telling me I was posting inappropriate content onto the site and that my account would be shut down. My name is now on a blocked list, not allowing me to re-open an account on the website. This sort of action is commonplace in China: The deletion of posts, the blocking of websites, and the control of the media is an everyday occurrence.

However, the call for democracy is ever growing, and the repressive actions of the Chinese Communist Party shows the fear the government has of the population. A population that is not informed, they think, cannot act upon new ideas. Amazingly, after the government's censorious response to Liu Xiaobo's winning, three formerly high-ranking members of the Communist Party, Li Rui, Huang Jiwei, and Zhong

Peizhang, all former Mao associates, wrote a letter to the Central Committee, the highest authority within the party. It demanded changes in the government's policy in regard to free speech, citing the importance of concessions to preserve the the party's rule.

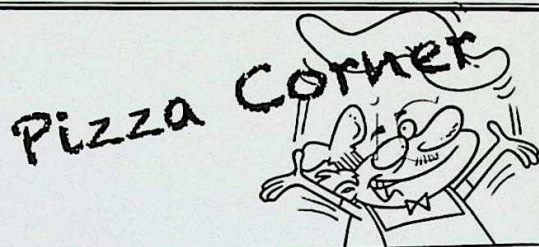
Instead of being silent about the repression of free speech in China and other countries around the world, the international community must stand together in the hopes of pressuring government leaders to change their policies. We must support those dissidents who are penalized for pursuing free speech; we must give them inspiration to push for reform. This was the reason for awarding the Nobel Peace Prize to Liu Xiaobo. To show that a government shouldn't fear its citizens' thoughts, but use them in order to steer their policy making.



## THE MATTHEW'S SWEET MELODIES

### STAFF RECOMMENDED

- The Blue Travelers: Run Around
- The Rolling Stones: Sympathy For The Devil
- The Temper Trap: Sweet Disposition
- The Kooks: Matchbox



## DAR POETA, PIZZERIA

REVIEW BY TARA BRAUM

Dar Poeta is a very well-known, popular pizzeria, hidden on the narrow street of Vicolo del Bologna in Trastevere. The wood- fire pizza's crust is thin, but not too crispy, and all of the topping combinations provide a tasty mixture of flavors. The "Dar Poeta" pizza, topped with spicy sausage, is a favorite among my friends, along with the "Patataccia" pizza. If you are in the mood for some greens, both the mixed salad and the bean salad are nicely portioned and full of fresh veggies. Since the pizzas are only five to nine euros each, Dar Poeta provides a cheap, filling meal of the best pizza I've had in Rome.

## TRATTORIA PIZZERIA

REVIEW BY KIRA BOSWELL

Trattoria Pizzeria is located just off Corso Vittorio Emanuele, only a couple steps down the street from Piazza della Chiesa Nuova. Opening at 5:15 in the evening, Trattoria offers a classic menu of pizza and pasta. Trattoria offers typical Roman pizza with a thin crust and delicious toppings that cost around six euros. The restaurant does not offer a to-go service. However, the relaxed atmosphere and quaint service of this eatery on the way to Piazza Navona is a great escape from noisy Campo di Fiori.



PIAZZA NAVONA BY SUNSET

THE MATTHEW/ MELISSA ABATE

Featured Photo

## QUOTE OF THE ISSUE

"Nothing in the world can take the place of persistence. Talent will not; nothing is more common than unsuccessful men with talent. Genius will not; unrewarded genius is almost a proverb. Education will not; the world is full of educated derelicts. Persistence and determination alone are omnipotent."

- CALVIN COOLIDGE

CHECK OUT THE  
ANSWERS FOR THE  
LAST ISSUE'S  
SUDOKU AT:

[www.jcumatthew.com](http://www.jcumatthew.com)



# Men's Team Looks Forward to Start of Season

By Alessandro Lanuto

Staff Writer

The men's soccer team has continued steadily with its preparations for the upcoming 2010-2011 season, playing its first exhibition game on Wednesday, October 13. While the official roster has still yet to be announced, speculation is mounting. The team will be composed of 27 players. With hope and expectations high, practice sessions remain well attended. Building team unity has become a central focus of the Gladiators' strategy for success, although some players jokingly complained that they still knew the coach only by "Mister." When asked his thoughts on the Gladiator's chances against the 11 other teams in the League of Roman Universities, long-time veteran Paolo Garibaldi, notorious for a powerful shot and a vigorous competitive spirit, offered calculated optimism: "We're going to be strong, as we are every year."



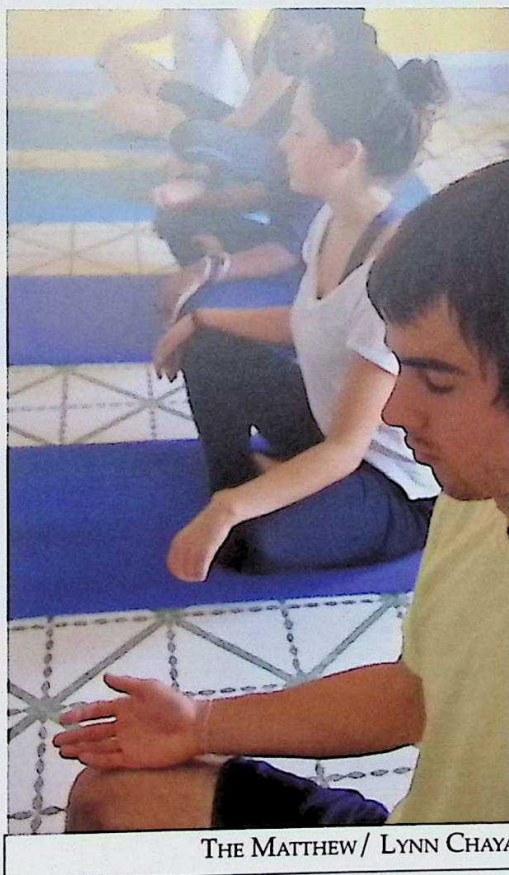
THE MATTHEW/ ELLE MIGURENKO

## Yoga Reboots The Soul During Lunch Time

By Quincy -Brodeur-Adamo

Staff Writer

Are you feeling stressed, tense or drained from the week? Well you are in luck because JCU offers yoga classes once a week. Anusara Yoga helps provide a balanced mind, body and spirit. You will feel more focused and less stressed. Within this short hour you will perform a well deserved workout of poses, breathing techniques and stretches. The experienced yoga instructor, Alba, has been teaching at JCU for the past three years and with much success.



THE MATTHEW/ LYNN CHAYA

"I learn a lot from the students and have great appreciation for their devotion. This year has been the best thus far, with a dedicated, motivated and focused group of students of all levels. "Yoga helps open your heart, connect with your body and feel grateful, essential for young students," Alba said. It is a known fact that daily exercise helps lower stress levels, increases concentration, and helps control anxiety. Come and join Alba at the Tiber Campus on Tuesdays, from 1:15-2:15pm. And let me tell you, this short hour class is well worth giving up your lunch break!

### MALE INTRAMURAL SOCCER TOURNAMENT

**Manchester United. vs. Barcelona**

Thursday, October 21st  
Via Vitellia 50, Bachelet Field  
10:00 p.m.

**Real Madrid vs. Barcelona**

Thursday, October 28th  
Via Vitellia 50, Bachelet Field  
10:00 p.m.

**Chelsea vs. Manchester United**

Thursday, November 4th  
Via Vitellia 50, Bachelet Field  
10:00 p.m.

**1st Semifinal**

Thursday, November 4th  
Via Vitellia 50, Bachelet Field  
10:00 p.m.

**2nd Semifinal**

Thursday, November 18th  
Via Vitellia 50, Bachelet Field  
10:00 p.m.

**Final 4th-3rd**

Monday, November 29  
Via Vitellia 50, Bachelet Field  
10:00 p.m.

### Join JCU SPORTS

For more information on activities at JCU please email [studentservices@johncabot.edu](mailto:studentservices@johncabot.edu)



# Piazza Review

By Corey Rutkowski  
P.R. Officer

Just a few steps from Piazza Santa Maria in Trastevere is a quaint little piazza called Piazza de' Renzi. Easily accessible from John Cabot, but not frequented too often by students, Piazza de Renzi contains three different restaurants within its relatively small space. During the day the piazza is filled with people waiting in line to get a seat at one of the three restaurants. If you go at night, the piazza – connected to Piazza Trilussa by two small streets that run into Via del Moro, will be filled with scores of revelers enjoying what Trastevere-by-night has to offer.

## Casetta di Trastevere

Casetta di Trastevere offers fantastic Italian cooking at a very reasonable price. With meals costing as little as 7 Euro a person, this eatery is definitely a place to go while winding down from a busy day at the university. With covered outdoor seating and indoor seating that makes you feel as though you are outside, you cannot go wrong anywhere within the restaurant! Known to one and all simply as “La Casetta” the restaurant boasts a friendly staff and the view of this small, charming piazza will make dessert even more enjoyable.

Off to the side of Da Augusto and right next door to La Casetta, is a restaurant simply called Pizzeria. Here you are served by the owners themselves, and although the place never is terribly crowded, this is hard to understand since the pasta and the pizza here are terrific! Make your selection carefully among the menu's various options because the wrath of the restaurant owner will be upon you if you don't clean your plate. She won't stop telling you to “mangia, mangia” until you have finished the lot, not always easy since the portions are enormous. A meal – a plate of pasta will cost a little under 10 Euros, making it affordable even on the student budget! And if things are not picture perfect, this only adds to Pizzeria's family-style charm.

## Trattoria da Augusto

This rough-looking eatery is a central highlight of the piazza, and indeed, the trattoria “Da Augusto” can be found in guidebooks published in almost every language. Because of this, it is next to impossible to get a table without what seems like an interminable wait, unless you go early. Once frequented almost exclusively by the residents of Trastevere, thanks to the guidebooks today it is a destination for many tourists. The menu changes daily, depending on what's available in the markets and the chef's mood. Prices are a big attraction, with meals often costing as little as 10 euros. You can expect to be hustled, because the owners like to get people in and out. But “Da Augusto” is definitely worth the rush!

## Pizzeria